



Chicken Ramen

Warm broth served with naturally gluten-free noodles, fresh vegetables and smoked chicken breast.







Delicious additions!

Add 2 tbsp mirin and 1/2 tbsp miso paste to your broth at step 2. Then top your ramen with a soft boiled egg, toasted sesame seeds and thinly sliced spring onions.

PROTEIN TOTAL FAT CARBOHYDRATES

33g

122g

FROM YOUR BOX

NOODLES	1 packet
GINGER	1/2 piece *
GARLIC	1 clove
ASIAN GREENS	2 bulbs
CORN COB	1
CARROT	1
SMOKED CHICKEN BREAST	1 packet (250g)

^{*}Ingredient also used in another recipe

FROM YOUR PANTRY

oil for cooking, salt and pepper, 1/2 stock cube, soy sauce, sugar of choice (we used raw sugar), white wine vinegar

KEY UTENSILS

2 saucepans, large frypan

NOTES

Use sesame oil for extra flavour.



1. COOK THE NOODLES

Bring a saucepan of water to the boil. Add in noodles once water is boiling and cook according to packet instructions. Drain and rinse.



2. SIMMER THE BROTH

Heat a large saucepan over medium-high heat with oil (see notes). Peel and grate ginger, crush garlic and add to pan. Add 750 ml water, 2-3 tbsp soy sauce and 1/2 stock cube. Simmer, covered, for 15 minutes.



3. COOK ASIAN GREENS

Heat a large frypan over medium-high heat with **oil**. Quarter Asian greens and add to pan for 1-2 minutes, char on each side,.



4. PREPARE VEGETABLES

Remove corn kernels from cob, thinly slice carrot and shred the chicken.



5. FINISH AND PLATE

Season broth with 1 tsp sugar and 2 tsp vinegar. Ladle broth into bowls. Evenly divide noodles into broth, top with chicken, prepared vegetables and Asian greens.



